



# PENH HOUSE

PHNOM PENH

## SPA MENU

10am - 9pm

MAADS™  HOTELS

## RESERVATIONS

Book at Reception or Call 0

- 🕒 10am - 9pm
- 🌐 [www.penhhouse.asia](http://www.penhhouse.asia)
- ✉ [info@penhhouse.asia](mailto:info@penhhouse.asia)
- ☎ +855 92 369 074
- 📍 #34A, St. 240, Phnom Penh, Cambodia



**PENH HOUSE**  
PHNOM PENH

## Penh House Spa

Restful sanctuary nestled in a green patio at Penh House Hotel. Relaxing Feng Shui atmosphere.

Certified and skilled therapists, versed in both Eastern and Western techniques, will guide you towards a renewed sense of well-being and help with the selection of massages and spa treatments. Inspired by time-honoured Asian wellness traditions.

Experience a true wellness break with the nature-based healing products and tested holistic therapies to provide lasting renewal.

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# Traditional Asian Massages

## Traditional Khmer Massage

*Feel Reinvigorated*

**KHR / USD**

60 minutes | 147,000 / 35

90 minutes | 189,000 / 45

Discover one of the local wonders with a dry massage inspired by ancient Khmer healing treatments. Experience a rhythmic combination of compressions, stretches, and range of motion techniques.

## Aroma Relax Massage

*Feel Relaxed*

60 minutes | 163,800 / 39

90 minutes | 205,800 / 49

From gentle to deeper pressure, this massage uses the pleasant scents of Cambodian plants and essences blended with local coconut oil. Aromatherapy promotes a sense of well-being and balance throughout the body.

## Deep Tissue Massage

*Feel Released*

60 minutes | 163,800 / 39

90 minutes | 205,800 / 49

By applying deep pressure and warmth, this technique targets deeper muscle layers and addresses trigger points with gentle pressure. Hot stones, warm compresses, or local herbal balm may be used to enhance the treatment.

## Rejuvenating Facial

*Feel Radiant*

60 minutes | 163,800 / 39

Beautify skin with a cleansing and gentle turmeric exfoliation, followed by a soothing coconut massage and a nourishing aloe vera mask. Using pure products, this facial treatment provides an instant glow, rejuvenates the skin, and deep relaxation.

## Foot Massage

*Focus Restored*

60 minutes | 121,800 / 29

This treatment applies targeted pressure to key points on the feet, helping to ease tension and restore balance. A grounding experience that leaves feeling lighter and re-energised.

## Back & Shoulder

*Focus Restored*

60 minutes | 147,000 / 35

90 minutes | 189,000 / 45

Focusing on the back & shoulders, and to loosen muscles and ease tensions, this treatment helps to improve the central nervous system, relieve stress, enhance energy flow, and stimulate blood circulation.

## Leg & Back

*Focus Restored*

60 minutes | 147,000 / 35

90 minutes | 189,000 / 45

Relieve muscle aches and stiffness with a focus on the legs and back. Skilled hands work to ease tension and boost circulation. The result is a balanced, revitalising experience, leaving the body lighter, freer, and ready to move with ease.

## Four Hands

*Focus Restored*

60 minutes | 289,800 / 69

90 minutes | 373,800 / 89

Experience the balance of a four-hand massage, where two therapists work in harmony. With every synchronised movement, guiding the body into a sense of calm and ease.

